

# HEALTH DESIGN CENTER CHECK-UP PACKAGES



2026

		Essence Check-up	Superior Check-up	Prestige Male Check-up NON EST	Prestige Female Check-up NON EST	Prestige Male Check-up	Prestige Female Check-up	Signature Male Check-up	Signature Female Check-up	Longevity Male	Longevity Female
		Age Below 30 yrs	Age 30-40 yrs.	Age 40-50 yrs.				Age 50 yrs.		Age 60 yrs.	
Basic Measurement : Vital Signs, Body Mass Index (BMI)		●	●	●	●	●	●	●	●	●	●
Physical Examination by Medical Physician		●	●	●	●	●	●	●	●	●	●
Eye Screening by Ophthalmologist				●	●	●	●	●	●	●	●
Hearing Screening by Audiologist								●	●	●	●
Cervical Cancer Screening (Liquid Based Cytology)					●		●		●		●
Complete Blood Count (CBC)		●	●	●	●	●	●	●	●	●	●
Fasting Blood Sugar (FBS)		●	●	●	●	●	●	●	●	●	●
HbA1c		●	●	●	●	●	●	●	●	●	●
Lipid Profile	Cholesterol	●	●	●	●	●	●	●	●	●	●
	HDL	●	●	●	●	●	●	●	●	●	●
	LDL	●	●	●	●	●	●	●	●	●	●
	Triglyceride	●	●	●	●	●	●	●	●	●	●
Kidney Function	BUN	●	●	●	●	●	●	●	●	●	●
	Creatinine (plus GFR)	●	●	●	●	●	●	●	●	●	●
Uric Acid		●	●	●	●	●	●	●	●	●	●
Liver Function Test	SGPT	●	●	●	●	●	●	●	●	●	●
	SGOT	●	●	●	●	●	●	●	●	●	●
	Alkaline Phosphatase		●	●	●	●	●	●	●	●	●
	GGT		●	●	●	●	●	●	●	●	●
	Bilirubin		●	●	●	●	●	●	●	●	●
Thyroid Function Test	Total Protein			●	●	●	●	●	●	●	●
	TSH			●	●	●	●	●	●	●	●
	Free T4							●	●	●	●
Tumor Markers	Free T3							●	●	●	●
	PSA for Prostate Cancer			●	●	●	●	●	●	●	●
	CEA for Gastro-interstitial Cancer			●	●	●	●	●	●	●	●
AFP for Liver Cancer				●	●	●	●	●	●	●	●
Vitamin B12										●	●
Vitamin D (25-Hydroxy Vitamin D total)			●	●	●	●	●	●	●	●	●
Calcium										●	●
Inorganic Phosphate										●	●
Urine Analysis		●	●	●	●	●	●	●	●	●	●
Stool Exam & Occult Blood				●	●	●	●	●	●	●	●
Testosterone										●	●
Imaging Investigation	Chest X-Ray	●	●	●	●	●	●	●	●	●	●
	Ultrasound Whole Abdomen		●	●	●	●	●	●	●	●	●
	Bone Density Lumbar Hip							●	●	●	●
	Sarcopenia by Bioelectrical Impedance Analysis									●	●
Digital Mammogram with Ultrasound Breast Both Sides					●		●		●		●
Cardiovascular Investigation Group	Electrocardiogram (EKG)	●	●	●	●	●	●	●	●	●	●
	Ankle-Brachial Index (ABI)			●	●	●	●	●	●	●	●
	Exercise Stress Test (EST)					●	●	●	●	●	●
	Carotid Doppler							●	●	●	●
Grip Strength										●	●
Check-up Report Book		●	●	●	●	●	●	●	●	●	●
Food Coupon		●	●	●	●	●	●	●	●	●	●
<b>Service Duration</b>		1-2 hrs	2 hrs	3 hrs.	3 hrs.	4 hrs.	4 hrs.	4 hrs.	4 hrs.	5 hrs.	6 hrs.
<b>Normal Price (THB)</b>		12,355	24,655	35,265	42,255	40,665	47,655	53,005	59,995	58,935	64,425
<b>Package Price (THB)</b>		5,500	13,500	15,900	22,000	18,900	25,000	28,000	33,500	31,500	35,000

## Recommendation

- The Longevity package includes physical examination by a geriatrician, geriatric assessment, and pharmacist counselling.
- Sarcopenia assessment is applicable only to individuals who can stand independently.
- Please refrain from consuming all food and beverages for 8-10 hours prior to the health check-up. Plain water is permitted, except for the Longevity package, for which both food and all beverages should be avoided
- For convenience, please make an appointment at least three days in advance and bring all daily medications to check-up center.
- The hospital serves the rights to amend prices, terms and conditions without prior notice.
- This package is valid from 1 February 2026 – 31 December 2026.
- Please contact us at Health Design Center, 5th Floor, R Building.